

# LUNCH MENU

Served Between 12-3pm



## OVEN BAKED FRITTATA £12.95

(3 eggs)

ALL SERVED WITH FOCACCIA BREAD

- Salmon, Cherry tomato, Parsley
- (V) Mushroom, Red onion, Truffle oil
- Sausage, Bacon, Cheese
- (V) Goat cheese, Cherry tomato, Spinach

## BUBBLE AND SQUEAK £11.50

ALL SERVED WITH FOCACCIA BREAD

- Crispy bacon & Poached eggs
- (V) Portobello mushroom, Homemade beans & Cheddar cheese

**Vegan option is available upon request**

## CIBO ONE PAN BREAKFAST £11.50

ALL SERVED WITH FOCACCIA BREAD

- Sausage, Bacon, Egg, Grilled Cherry Tomato, Mushroom & Homemade beans
- (VG) Vegan sausage, Avocado, Grilled Cherry Tomato, Mushroom & Homemade beans

## CIBO FULL ENGLISH BREAKFAST £13.50

SERVED WITH SOURDOUGH BREAD

Sausage, Bacon, Mushrooms, Grilled Cherry Tomato, Homemade beans, 2 fried eggs, Mini bubble & squeak

**Add Black Pudding + £3.00**

## SHAKSHUKA £13.50

SERVED WITH FOCACCIA BREAD

2 Poached eggs cooked in a Tomato - garlic sauce, Spinach, Potatoes, Mushrooms, Parmesan on top

**Add on £3.00 each**

**Bacon, Sausage, Chorizo**

## FRENCH ONION SOUP £8.50

topped with cheddar cheese, s/w croutons

## RISOTTO AND PASTA

ONLY DELI SIZE SERVED WITH A PIECE OF GARLIC BREAD

- (VG) PENNE ARRABIATA Deli Size £8.50 Normal size £11.50

Tomato, Garlic & chili Sauce

- (V) MUSHROOM & TRUFFLE

RISOTTO OR PENNE Deli Size £9.50 Normal Size £13.50

in a Creamy Garlic Sauce

**Vegan option is available upon request**

- MAC & CHEESE £10.50

• LINGUINE BOLOGNESE Deli Size £9.50 Normal Size £13.50

- OVEN BAKED GNOCCHI £12.50

with Sundried Tomato, Pesto, Spinach

UPGRADE YOUR MEAL WITH GARLIC BREAD  
HALF PORTION ( 2 slices ) Plain £2.40 add cheese + £0.75  
FULL PORTION ( 4 slices ) Plain £4.80 add cheese + £1.50

**Add on £3.00 each**  
**Bacon, Chicken, Pork Belly, Chorizo, Cooked Ham, Prawns, Goat Cheese**



**£13.50**

**(V) Traditional Italian Stuffed Pancake**  
Filled With Garlic Mushroom And Spinach, Cooked In a Tomato Sauce Topped With Mozzarella Cheese

## BAKED TORTILLA £12.50

Our delicious Bolognese base layered with tortilla chips, oven-baked to perfection, topped with melted cheese, and accompanied by crushed avocado and fresh tomato salsa.

## SUPERFOOD SALAD BOWL £15.50

(VG) Kale, Quinoa, Chickpea, Toasted Pumpkin Seeds, Roasted Courgette and Broccoli With Pomegranate Vinaigrette  
(Pomegranate, Mustard, Maple, Lemon Juice, Olive Oil)

## BRUNCH BOWL £14

(VG) Roasted sweet potato & Beetroot, Sliced Avocado, Spinach, Quinoa, Chickpea

**Add on  
Poached Egg + £1.20**

## FOCACCIA SANDWICH £11.50

Served with Tortilla Chips and Side salad

- Pork belly With BBQ Sauce, Rocket, Caramelized Onion
- Chicken, Bacon, Avocado, Garlic mayo
- Prawn Cocktail, Cucumber, Lettuce, Mango, Mary-rose sauce
- Italian Classic (Parma ham, Burrata, Tomato, Green pesto)
- (V) Roasted sweet potato & Courgette with Rocket, Garlic mayo, goat cheese
- Smoked Salmon, Goat Cheese, Rocket

## LOADED JACKET POTATO

Served with Side salad

- Pork Belly with BBQ Sauce, Cheddar Cheese £12.50
- Chicken, Mushroom & Truffle Sauce, Cheddar Cheese £12.50
- Prawn cocktail, Cucumber, Lettuce, Mango and Mary-Rose Sauce £12.50
- (V) Homemade Beans & Cheddar Cheese £10.50

**Add on: Bacon, Sausage + £3 each**

• Beef Bourguignons & Cheddar Cheese £13.95



## BREAKFAST MENU

SERVED FROM 9AM UNTIL 12PM

**(VG) TWO SLICES OF SOURDOUGH TOAST - £3.75**

Add a pot of jam + £1.00 (Strawberry, Marmalade)

**(V) 3 SCRAMBLED EGGS ON SOURDOUGH TOAST - £6.95**

Add on £3.00 each

Bacon, Sausage, Parma Ham, Smoked Salmon, Cooked Ham,  
Avocado, Mushroom, Garlic Spinach, Cherry Tomato, Homemade Beans, Goat Cheese

**(V) HOLLANDAISE EGGS - £10.50**

2 Poached eggs with Garlic - spinach on Sourdough toast

**OVEN BAKED FRITTATA £12.95**

(3 eggs)

ALL SERVED WITH FOCACCIA BREAD

- Salmon, Cherry tomato, Parsley
- Mushroom, Red onion, Truffle oil
- Sausage, Bacon, Cheese
- Goat cheese, Cherry tomato, Spinach, Olives

**AVOCADO ON TOAST £6.50**

(VG) CRUSHED AVOCADO on sourdough toast  
with olive oil & homemade chilli oil

**CIBO RECOMMENDATION FOR AVOCADO ON TOAST :**

- 2 Poached eggs, Smoked salmon, Hollandaise sauce, Rocket & Cherry tomato - £12.50
- 2 Poached eggs, Bacon, Mushroom & Spinach - £11.50

**BUBBLE AND SQUEAK £11.50**

ALL SERVED WITH FOCACCIA BREAD

- Crispy bacon & Poached eggs
- (V) Portobello mushroom, Homemade beans & Cheddar cheese

Vegan option is available upon request

**CIBO ONE PAN BREAKFAST £11.50**

ALL SERVED WITH SOURDOUGH BREAD

- Sausage, Bacon, Egg, Tomato, Mushroom & Homemade beans
- (VG) Vegan sausage, Avocado, Tomato, Mushroom & Homemade beans

**CIBO FULL ENGLISH BREAKFAST £13.50**

SERVED WITH SOURDOUGH BREAD

Sausage, Bacon, Mushrooms, Tomato, Homemade beans, 2 fried eggs, Mini bubble & squeak

Add Black Pudding + £3.00

**SHAKSHUKA £13.50**

SERVED WITH FOCACCIA BREAD

2 Poached eggs in a tomato - garlic sauce, Spinach, Potatoes, Mushrooms, Parmesan on top

Add on £3.00 each  
Bacon, Sausage, Chorizo

**CIBO PANCAKES**

- (V) Lemon & Sugar - £7.50
- (V) Vanilla ice-cream & Nutella - £8.00
- Crispy bacon & Maple syrup - £8.50

IF YOU HAVE ANY FOOD ALLERGY, PLEASE INFORM OUR STAFF BEFORE PLACING YOUR ORDER.

# DINNER MENU

Served From 5pm



CIBO APERITIVO £9.95

Mermaid  
Winter Special G&T  
Kir Royal  
Negroni  
Old Fashioned  
Winter Aperol Spritz

## PRE-STARTERS

(VG) Marinated Olives £5.20  
 (VG) Bread Basket s/w Olive oil & Balsamic £6.50  
 (VG) Sun Dried Tomato Hummus with Tortilla Chips £7.50  
 (V) Garlic Bread £4.80  
 With Roasted garlic butter & Herbs  
 Add Mozzarella cheese +£1.50

## STARTERS

(V) Grilled Goat Cheese £8.50  
 With Beetroot and Honey - Mustard Sauce  
 Clams And Chorizo £8.50  
 in White Wine Sauce  
 Served With Focaccia Bread  
 French onion soup £8.50  
 topped with Cheddar cheese, s/w Crouton

BBQ Pork Belly Bites £8.50  
 on a Smashed Potato Bed, topped with Caramelized Onion

Prawn Cocktail £8.50  
 (Mango, Cucumber, Lettuce & Mary-rose sauce)

## ANTIPASTI FOR 2 £28.50

### Meat Platter

BBQ Pork belly, Cured meat (Cooked Ham, Chorizo, Parma ham), Goat cheese, Hummus, Mixed olives, Tortilla Chips & Bread Basket

### Vegetarian Platter

Garlic mushroom, Hummus, Mixed olives, Cirtus dressed Avocado, Roasted Sweet Potato & Beetroot, Tortilla Chips & Bread Basket

## MAIN COURSE

### Chicken Involtini £18.50

Italian Rolled Chicken Breast filled With Ham & Cheddar Cheese S/W Root vegetables, Honey - Mustard Sauce

### Pork Belly £19.50

S/W Roasted Potatoes, Parsnip, Marsala Jus

### Beef Bourguignons £19.95

Slow Cooked Beef Stew, Cooked with Bacon, Mushroom, Onion, Carrots, in a Rich Red Wine Sauce, Served with Creamy Mashed Potatoes.

### 8 oz Rump Steak £23.50

S/W Roasted Potato and Carrots

Choose your Favourite Sauce  
 • Roasted Garlic Butter  
 • Peppercorn Sauce  
 • Gravy

### Pan fried Sea Bass £21.50

S/W Roasted Potato and Broccoli, with a Creamy Lemon sauce

## PASTA & RISOTTO

### (VG) Penne Arrabiata £11.50

Tomato & Garlic - Chilli Sauce

### (V) Mushroom & Truffle Risotto £15.50

in a Creamy Garlic sauce,

AVAILABLE AS A PASTA

Vegan option is available upon request

### Sea Food Linguini £19.50

Smoked Salmon, Prawns, Smoked Haddock, Clams, Broccoli, Cherry tomato, Chilli, in a White Wine and Butter Sauce

### (V) Oven Baked Gnocchi £16.50

with Sun Dried Tomato, Pesto, Spinach

Add on £3.50 each

Chicken, Bacon, Chorizo, Pork belly, Cooked Ham, Prawns, Goat Cheese,

### Oven Baked Chorizo Gnocchi £17.50

with Courgette, in a Creamy Tomato Sauce

## SALAD

### (VG) Superfood Salad Bowl £15.50

Kale, Quinoa, Chickpea, Toasted Pumpkin Seeds, Roasted Courgette and Broccoli With Pomegranate Vinaigrette (Pomegranate, Mustard, Maple, Lemon juice, Olive oil)

Add on £3.50 each

Chicken, Parma Ham, Goat Cheese, Prawns

## SIDE £3.95

- Rocket, Tomato, Parmesan, Balsamic Vinegar
- Mixed Greens With Garlic
- Roasted Potato
- Mashed Potato
- Roasted Sweet Potato & Beetroot
- Root Vegetables

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